

**\*\* PRESS RELEASE \*\***

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**How Are You (For Real)?  
Join us at the January Think Tank to learn more!**

Watkins Glen, NY – Join certified leadership coach Sarah Agan at the Chamber’s January Think Tank, where we’ll explore the four basic elements of trustworthiness, learn to understand the power of authenticity, and deconstruct the communications pie. Why attend? Sarah shares, “Boost your bottom line, enhance relationships, make things easier (and maybe even have more fun): this interactive session will focus on exploring the relationship between being real and building trust and how the two are inextricably linked.”

How Are You (For Real)? Will take place at the Watkins Glen Area Chamber of Commerce (214 N. Franklin Street, Watkins Glen) on Tuesday, January 9 from 4-6pm. Think Tanks are offered as a complimentary benefit to members of the Watkins Glen Area Chamber of Commerce. Advance reservations are requested by Monday, January 8. Please contact Events Manager Anna Rainous to RSVP: 607-535-4300 or [anna@watkinsglenchamber.com](mailto:anna@watkinsglenchamber.com).

Sarah's focus is on helping individuals, teams and organizations thrive and uses a mix of science and research-based approaches, combined with designing creative experiences, to unearth untapped leadership possibility, while always leveraging the collective wisdom and personal experiences of any individual or group with whom she works. An International Coaching Federation (ICF) certified leadership coach, Sarah applies her expertise in leadership development and coaching, facilitation and session design, visioning and strategy, organizational development, and training, to align client intentions and outcomes. Sarah is known for bringing different perspectives to existing issues and helping clients think creatively about their work to bring about new results. A skilled communicator and relationship builder, Sarah works across broad stakeholder bases to cultivate relationships, align expectations, and deliver successful outcomes.

The Watkins Glen Area Chamber of Commerce’s mission is to advance economic success through support, promotion, and education. In furtherance of this mission, the Chamber presents many educational opportunities throughout the year for local businesses and organizations, Think Tanks are just one of these opportunities. Think Tanks are held monthly on the second Tuesday, with times alternating between 4-6pm for odd months and 8-10am for even months.

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